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# Newsletter

January 2016

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**Myeloma Alberta**  
Support Society

## HAPPY NEW YEAR

Wishing all the Very Best in 2016

### January 9<sup>th</sup> Meeting

Dr. Steve Follett will speak on: "Relevance of Stem Cell Transplants to Myeloma".

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### "Fork It Over"

The "Fork It Over" Dinner and Silent auction is set for February 26<sup>th</sup>. Tickets are still available, if you have suitable auction items or could arrange for donation of auction items please contact Greg Wilkes (780-983-7779). This joint event with the Mayfield Rotary is a great way to beat the February blues with food, fun and great people while supporting Rotary club initiatives and Myeloma Research in Alberta.

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## ANNUAL MEETING NOTICE

### Myeloma Alberta Support Society (MASS)

Will hold the Annual General meeting on  
February 6<sup>th</sup>, 2016  
10:00 AM - 12:00 Noon at Holy Spirit Lutheran  
Church, 11223 - 51 Ave

If you would like to become more involved with your Myeloma Alberta Support Society please consider taking part as a board member or assisting an existing board member. If you are interested please talk to a Board member or email

[info@multiplemyeloma.ca](mailto:info@multiplemyeloma.ca)

Current Board members are: Lorelei Dalrymple, Bob Thiessen, Jane Hettinger, Larry Fowler, Mark Kerr, Max McCann, Barry Olson, Margo Siebenga, Rosemarie Franke, Michael Chibuk.

**2016 Regular Monthly meetings** are scheduled for the first Saturday of the month at Holy Spirit Lutheran Church. This year MASS will also host the Alberta Myeloma Conference on Oct 1<sup>st</sup> in Edmonton. This conference will provide patients, families and caregivers a chance to hear and interact with presenters offering a variety of current information regarding Myeloma and "Living the Myeloma Journey". If you wish to volunteer please contact Larry Fowler 780-464-0140 or Jane Hettinger 780-434-8108.

Jane Hettinger and Larry Fowler have arranged the following speakers and topics for 2016 meetings.

Jan 9<sup>th</sup>: Dr. Steve Follet - "Relevance of Stem Cell Transplants for Myeloma"

Feb 6<sup>th</sup>: Annual Meeting and Open Forum

March 5<sup>th</sup>: Dr. A. Belch "Latest info from Hematology Conference (TBC)"

April 2<sup>nd</sup>: Kate Marchessault "Leukemia and Lymphoma Society (TBC)"

May 7<sup>th</sup>: Open Forum

June 4<sup>th</sup>: Walk Run Information and Speakers

EVENT: July 16<sup>th</sup> Multiple Miles for Myeloma (Hermitage Park Site #1)

Sept 3<sup>rd</sup>: Murray "Servus Canada"

Oct 1<sup>st</sup>: Edmonton Myeloma Conference

Nov 5<sup>th</sup>: Wellness Fair

Dec 3<sup>rd</sup>: Open Forum Christmas gathering

All Meetings 10:00 AM - 12:00 Noon at Holy Spirit Lutheran Church, 11223 - 51 Ave

Visit website [www.multiplemyeloma.ca](http://www.multiplemyeloma.ca) for updates, additional information plus links to other myeloma sites.

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