



Greetings!

Welcome to our 'new look' monthly newsletter. We're always looking to improve your experience and the information we provide to you. If you have any comments or suggestions please feel free to email us.

[MASS email](#)

Myeloma Alberta Support Society News and Updates

Next Meeting

The February meeting will take place on Saturday, February 3, 2018 at 10:00 am at Holy Spirit Lutheran Church. This is the Annual General Meeting and will be followed by an open forum.

Multiple Miles for Myeloma

This year's MM4M walk/run will take place on Saturday, July 21, 2018. More details will be forthcoming in the coming months. Be sure to mark your calendars.

If you volunteered to help at last year's event, you will be contacted in early April with regards to volunteering again this year. If you have not volunteered before, but would like to help out this year, please contact barry_olson@hotmail.com



Summer Meetings

This year the Pizza Party will take place on Saturday July 7, 2018, and the Picnic will take place on Saturday August 11, 2018. This reverses the months that these events have taken place in previous years. We look

forward to seeing you all at these fun events.

Clinical Trials



The Myeloma Canada Research Network (MCRN) brings Canadian-designed clinical trials to patients across Canada. A list of current trials, including trials involving Selinexor and Daratumumab can be found on the Myeloma Canada website. Click on the link below for more information.

[MCRN Trials](#)

Volunteers

Once again we are asking for volunteers to help out with running MASS. Currently, among other positions, we are looking for up to 5 Board members. Positions available include Vice President, Support and Meetings, Education, Outreach and Fund Development. Please call Bob Thiessen at 780 9886983 if you would like more information.



Scent-Free Meetings

A reminder that many of our members are sensitive to scents due to past or current chemotherapy. Please wear only unscented personal products when attending meetings and refrain from wearing perfume or aftershave.

Are we reaching you?

In some cases, our emails to you may be rejected or placed in special files such as 'Promotions'. To help prevent this, please put newsevents@multiplemyeloma.ca in your contact list.



Become a Member

If you are not already a member of Myeloma Alberta Support Society, you can join now by clicking on the link below.

[Join Now](#)

Our Upcoming Events

February Meeting

Annual General Meeting and
Open Forum

Saturday, Feb 3, 10:00 am

Holy Spirit Lutheran Church

April Meeting

Dr. Sandhu from the Cross
Cancer Institute will give an
update on recent news in the
field of treatment for Multiple
Myeloma

March Meeting

Rebecca Macklon from The
Alberta Emergency
Management Agency will
speak on the topic of personal
preparedness in case of an
emergency or evacuation

May Meeting

Sharon Macklin, registered
dietitian, will talk about healthy
lifestyles and the
Mediterranean diet plan



Myeloma Alberta
Support Society

[Visit Our Website](#)

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